

The Way We See Me

Rate the person who gives you this paper in relation to the following statements.

1=strongly disagree **5=moderately agree/disagree** **10=strongly agree**

N/A=not applicable/cannot judge based on my experience

Listening

1. Acknowledges me and others with body language and eye contact
2. Provides helpful feedback and does not judge or invalidate what I'm saying
3. Does not try to change my opinion

Perception by Others

1. Generally positive, good-natured, and happy
2. Carries himself/herself with confidence and poise
3. Physically attractive
4. Well-groomed and clean
5. Outgoing and energetic
6. A leader
7. Accepts criticism and grows from it
8. Generous
9. Free from prejudice and racism
10. Aggressive
11. Easy to get to know; open; trusting of others
12. Trustworthy
13. Great sense of humor
14. Creative or imaginative
15. Intelligent
16. Hard Working
17. States his/her opinion without hesitation.
18. Speaks up in group situations.

Evaluator _____

Evaluation of _____

Nonverbal Communication

1. Carries himself/herself with confidence
2. Smiles often
3. Maintains eye contact and an open posture

Verbal Communication

1. Impressive word choice
2. Explains himself/herself clearly
3. Volume and pacing of speech make him/her easy to understand
4. Inflection of voice creates interest in what he/she is saying

Values

1. Has strong morals
2. Discusses his/her beliefs with others in a respectful manner
3. Shares many of the same values as me

Relational Communication

1. Gets along well with friends
2. Gets along with family
3. Gets along with teachers, boss, and/or other authority figures