

Holden Caulfield's Psychological Analysis

Directions: Create a "file" on Holden as if you were a psychologist. Include the various types of documentation described below.

Appearance:

Letter-sized manila folder (not legal sized)

Several documents inside that have been developed from your research

Label has Holden's name on it; front of the folder has your name, period, date

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Specific Documentation:

1. Table of Contents (Typed)
2. Final Analysis Report on Holden Caulfield (the essay - Typed)
3. Report Notes (in three sections): Create a workable format for psychological documentation report. It must include the patient's name, age, and description. Subheadings for the report should include **Behavioral Notes**, **Verbal Notes**, and **Symbolic Notes**. Page numbers should be included after each note.
4. Research on Psychological Disorders: Obsessive-Compulsive Disorder; Schizophrenia; Clinical Depression; Acute Paranoia; Post Traumatic Stress; Social Anxiety Disorder; Panic Disorder (this information will be gained during group interaction)
5. Rough Drafts/Brainstorms of Analysis

Specific Instructions:

1. Essay – This is a final report on why Holden (the patient) seems to be adjusting poorly and withdrawing from social interaction. Use professional terminology and incorporate psychological jargon if possible to establish tone (e.g. "The patient's behavior in this case indicates that..."). Review Holden's life as he has told it in the novel. Use quotes and other evidence as a basis for your interpretation for the causes of his disorder(s).
2. Report Notes – Include at least 15 Behavioral Notes, 20 Verbal Notes, and 5 Symbolic Notes with page citations. These will all be from the novel. Each should be followed by a brief note on its significance.
3. Research – Complete research on one of the disorders at home using the link provided on the teacher web site:
http://directory.google.com/Top/Health/Mental_Health/Disorders/
Share this information with your group in order for the group members to develop notes on **all** of the disorders.