

Holden Caulfield Evaluation 2 Relationships

Write a one-page, typed, double-spaced evaluation of Holden Caulfield from the point of view of a psychologist who has had several sessions with Holden and heard his story as he has told it in the novel *The Catcher in the Rye*. In this session, evaluate Holden's relationships, both romantic and platonic. Which relationships does he have that are productive and which are destructive? How are his thoughts and behaviors in the relationships productive or destructive? How could he form more meaningful relationships and thereby improve his outlook on life?

First paragraph:

- Information on the patient and discussion sessions (chapters) this evaluation will cover
- A general explanation of the problems the patient is experiencing in relationships

Body paragraph(s):

- Discussion of specific conclusions you have made as he has told his story (quotes, events, symbols) in relation to love, lust, friendships, and society in general.
- Specific conclusions about why certain behaviors within his relationships have been destructive or productive
- A minimum of five cited quotes, events, or discussions of symbolism

Final paragraph:

- Conclusions about what relationships Holden should pursue and which medications and/or types of counseling would help the patient improve and get him out of his self-destructive patterns