

Holden Caulfield Evaluation Education and Life Purpose

Write a one-page, typed, double-spaced evaluation of Holden Caulfield from the point of view of a psychologist who has had several sessions with Holden and heard his story as he has told it in the novel *The Catcher in the Rye*. In this session, evaluate Holden in relation to school and his personal vision for his future. How are his thoughts and behaviors productive and destructive in relation to his success in life?

First paragraph:

- Information on the patient and how many discussion sessions (chapters) this evaluation will cover
- A general diagnosis (depression, post-traumatic stress disorder) and a brief, general explanation of the diagnosis

Body paragraph(s):

- Discussion of specific conclusions you have made as he has told his story (quotes, events, symbols) in relation to education and his future
- Specific conclusions about why specific behaviors have led to destructive tendencies for Holden
- A minimum of five cited quotes, events, or discussions of symbols

Final paragraph:

- Conclusions about what behaviors, medications and/or types of counseling would help the patient improve and get him out of his self-destructive patterns